

# ***Destigmatizing Mental Illness***

***Sunday, March 3<sup>rd</sup> \* 9:15-10:45 am***

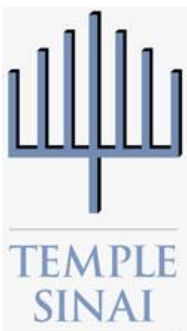
Join us for a presentation followed by a Q & A session with 3 experienced panelists:

\* Rabbi Hank Zoob, Rabbi Emeritus of Temple Beth David of Westwood will share his personal story of his struggle with depression - a story that gives us an honest and hopeful perspective.

\*Dr. Jill Goldberg Arnold, psychologist in private practice will present an overview of mental illnesses and related symptoms

\*Dr. Stuart Jacoby, Certified School Psychologist working in the Boston Public School system will provide critical information about the impact on families and potential resources.

**Refreshments will be served**



**THIS PROGRAM IS FREE AND OPEN TO THE COMMUNITY**

Sponsored by the Temple Sinai Inclusion Committee in partnership with the Ruderman Synagogue Inclusion Project.

This synagogue welcomes, values and includes people of all abilities.

**CONGREGATIONAL PARTNER**

